

# The TEAM DR JOSEPH METHOD

Based both on the needs of your skin and scientific findings, the manual treatment method of TEAM DR JOSEPH starts deep in the tissue. Following the natural laws of function, the skin's metabolism is brought into balance: The nervous system is calmed, facial expressions become relaxed, the flow is harmonized and micro-circulation is normalized, with the aim of caring for and maintaining the holistic feel of your skin, your health and your incomparable beauty.

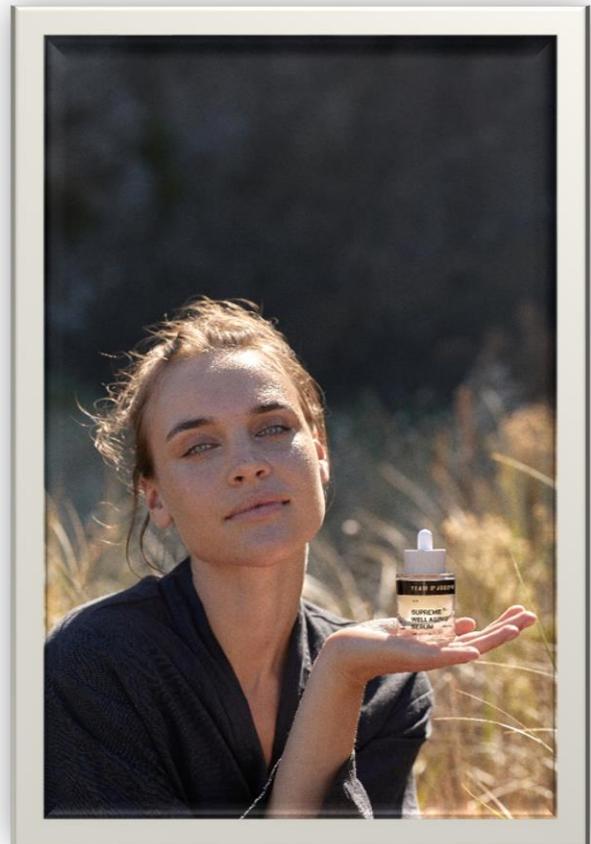
Experience for yourself the individual beauty care offered by the method of TEAM DR JOSEPH: **pureness. recreation. protection.**

## TEAM DR JOSEPH - Hightech Natural Cosmetics

In the 21st century, high performance can only come from professional teams - of this we are certain. Every day, we follow our pioneering calling to combine cosmetics, advanced technology, nature, and aesthetics with unique quality: creating hightech natural cosmetics for a new generation of skin care.

TEAM DR JOSEPH is 100% power and nature in every jar:

- visible, immediate effects
- Hightech natural cosmetics
- A new dimension of holistic treatments
- A sustainable, respectful relationship with nature
- Certified organic cosmetics
- Lightweight, non-greasy, fast-absorbing textures
- For your skin's health
- Welcome to the team



## TEAM DR JOSEPH – SUPREME ULTRASONIC FACIAL LIFT

Top-of-the-class ultrasonic lifting! This premium intensive treatment uses a completely new process, giving your face a fuller, fresher and youthfully trim radiation. Natural, active substances are safely deposited in deeper layers of your skin, with the help of ultrasonic frequencies. That means: The potential of these substances can develop fully, and the skin is solidified in-depth to a maximum extent. Depending on the skin condition, the treatment is individually adapted to your needs: Lymph gland stimulation, steam compression, cleansing, enzyme and ultrasonic peeling, alginate mask, ultrasonic repair and lifting, vitalizing neck and face massage, daily care. To maintain the result of the treatment and the wow-effect for as long as possible, we recommend to book the treatments as a package.

### Benefits

- Ultrasound Lifting Treatment
- Intensive peeling, which stimulates cell regeneration
- Biostimulation of the tissue
- Improves microcirculation
- Provides a firmer skin texture and an irresistible glow
- Dysfunctions of the skin can be deeply balanced
- Vitalization of mature/atrophic skin
- Refreshing pale skin with booster effect
- Revitalization of smoker's skin
- Repair of UV-damaged skin
- Metabolism- and cell-stimulating
- Improves microcirculation and the formation of collagen and elastin
- Revitalizing face and neck massage
- Algae treatment further intensifies the effect

Duration of Treatment: 80 minutes

// Price: 200,00 €



## ADVANCED BIO LIFTING FACE TREATMENT

The holistic maximum program based on the method of TEAM DR JOSEPH: Intensive treatment with a biodynamic lifting massage specifically tailored to the needs of your skin. Experience a truly unique beauty treatment with skin diagnostics; contouring your eyebrows; a massage stimulating the lymphatic system; warm herbal compresses; peeling; deep cleansing with cupping glasses; special serum; a bio-energetic lifting massage; an intensive facial mask, and finally, individual daily skin care and stabilization. Nature's high-tech solution for a sustained impact, immediate visibility and maximum effect.

### Benefits

- Intensive treatment with biodynamic lifting
- Ritual for all senses
- Tailored to the individual skin needs
- Provides a smooth skin feeling and tight contours
- Reduces fine lines and wrinkles
- Boosting and toning
- For intensive skin hydration and a fresh and rosy complexion
- Lasting impact, immediate visibility and maximum effect

Duration of treatment: 110 minutes  
// Price: 220,00 €



## CELLULAR RECREATION FACE TREATMENT

A wonderfully natural treatment with active ingredients, specifically tailored to the needs of your skin, with immediate effect and a deeply relaxing, pampering program based on the method of TEAM DR JOSEPH: Skin diagnostics; contouring your eyebrows; a massage stimulating the lymphatic system; warm herbal compresses; peeling; deep cleansing with cupping glasses; special serum; a modulated facial massage; an intensive facial mask and finally, individual daily skin care. With highly effective, naturally active ingredients for healthy and thoroughly cared-for skin.

### Benefits

- The focus of this treatment is on the individual skin needs
- Functional ingredient care specially tailored to the needs of the skin
- Complete facial treatment with modulated facial massage and hand massage
- Noticeable instant effect
- Long term skin health
- Wellness treatment with visible effect

Duration of treatment: 80 minutes  
// Price: 170,00 €



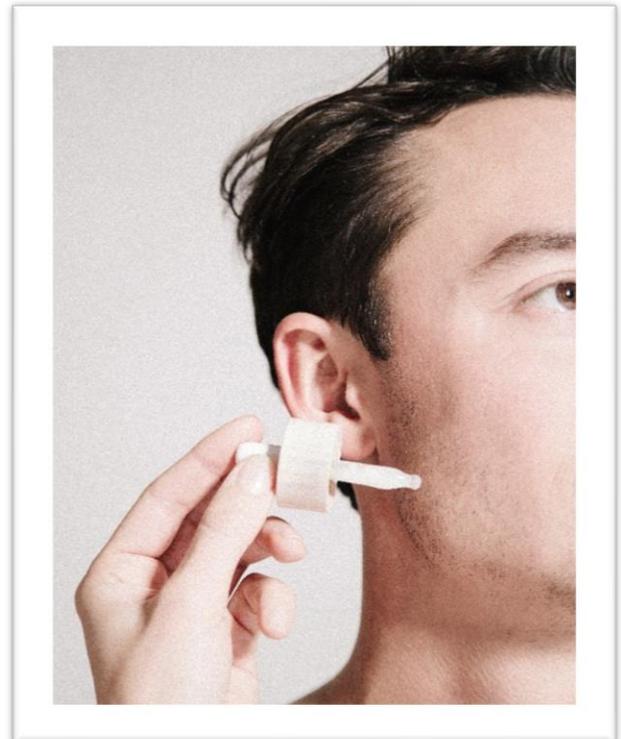
## EXPRESS POWER LIFT FOR MEN

The TEAM DR JOSEPH method for men. Powerful, natural, effective: Skin diagnostics; a massage stimulating the lymphatic system; warm herbal compresses; peeling; deep cleansing; special serum; an intensive mask with facial massage, and finally, individual daily skin care. Natural high-tech power for a powerful and well-groomed appearance.

### Benefits

- Fast and effective care for the man with pampering program
- Provides a clear and purified complexion
- Pore-refining
- Natural high-tech power

Duration of Treatment: 50 minutes  
// Price: 130,00 €



# ORIGINAL TECHNIQUE WITH COLLAGEN THREADS

Treatment with wow effect

DS V-LINE EXPERT  
Senoner Priska

The collagen threads are suitable for all skin types  
They provide a firmer, younger and healthier skin  
They smooth the wrinkles on the face, slow down the aging process, give the skin glow and smoother surface  
We recommend DS V-LINE collagen threads for all those who prefer a minimally invasive procedure without scars and incisions. The effect is visible immediately after the first treatment and will improve significantly in subsequent sessions.  
The areas of application are the face, neck and décolleté.

*Book your DS V- LINE collagen threads treatment with Priska now!*

## Original technique with collagen threads

- non-invasive lifting
- prevents and smoothes facial wrinkles
- slows down the aging process
- immediate and lasting results
- suitable for all skin types
- without contraindications
- rejuvenate without needles and injections
- no pain and scars

Duration of Treatment: ca. 120 min  
// Price: 350,00 €



# MASSAGES

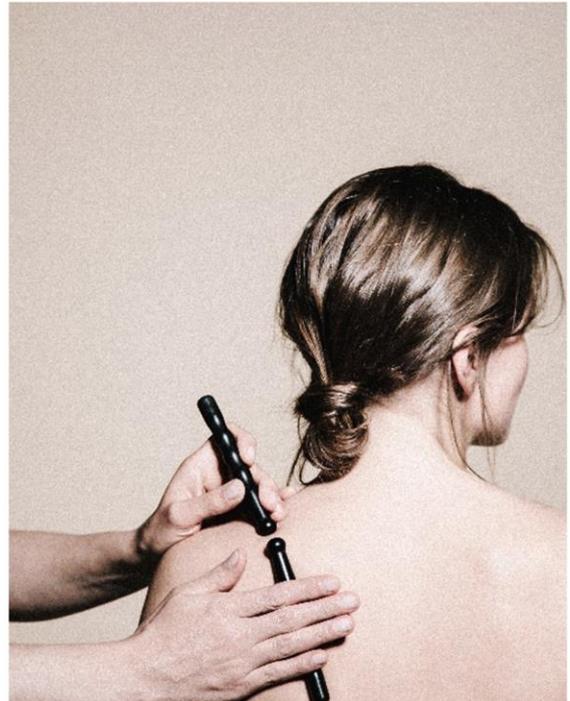
## RELAXING HEAD NECK MASSAGE

This unique treatment method with a extraordinary massage and precisely effective plant extracts smoothly releases tensions in the head, neck and shoulder area. Deep contact and a modulated individual treatment technique ensure a pleasant relaxation and a switch off from the stress of everyday life. The microcirculation is stimulated, vessels, sense organs and nerves are strengthened.

### Benefits

- The multi-sensory head-neck highlight
- Unforgettable moments and deep relaxation – new joie de vivre
- Relaxation of head and neck
- Relief for the shoulders
- Anti-stress treatment
- Special fragrance experience
- Deeply liberating for new power of thought

Duration of treatment: 60 minutes  
// Price 150,00 €



## DYNAMIC RECREATION BACK MASSAGE

Effective Finale - Sophisticated Back Program. A reconstructive back treatment with highly effective natural active ingredients and a massage individually tailored to you. Singing bowls and cupping glasses relieve tension in the back muscles and improve the dynamics of the spine. Lasting relaxation for your back. Free yourself of stress and blockages. Stand up straight!

### Benefits

- Activates and relaxes the muscles
- Relieves tension
- Unique experience with singing bowls
- Improves the dynamics of the spine

Duration of treatment: 60 minutes  
// Price 150,00 €



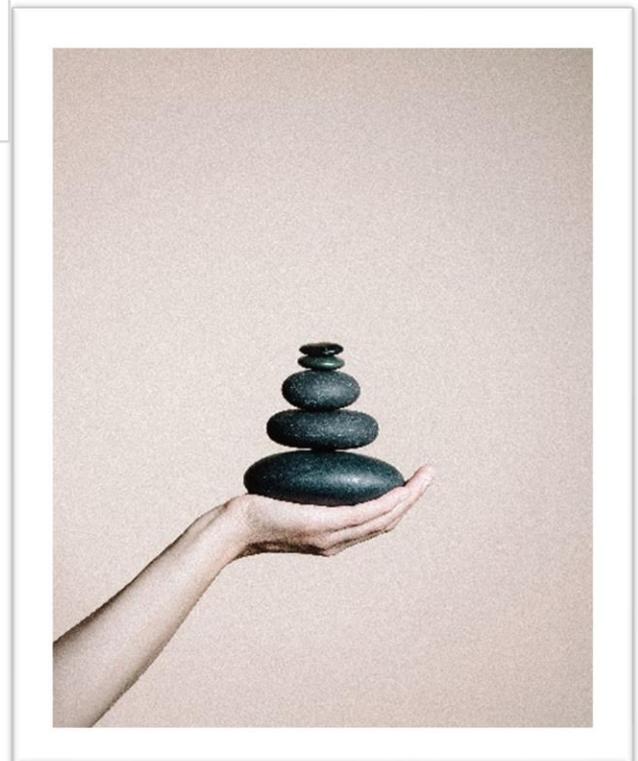
## DEEP RELAX STONE MASSAGE

Rustic Life Force - Basalt Stone Massage & Deep Relaxation  
At the beginning of this relaxing stone massage, the energy centers of the body are stimulated with pleasantly warmed basalt stones. The gentle massage that follows, with efficient essential Chakra oils, stimulates lymph activity and the body's detoxification processes. Enjoy exceptionally deep heat and fragrant aroma oils in this stone massage - primal power for your body and soul.

### Benefits

- Deep relaxation with warm basalt stones
- Soothes the vegetative nervous system
- Anti-stress treatment
- Stimulation of the 7 energy centers
- Recovery of the body
- Unique fragrance and warmth experience
- Emergence of meditative mood

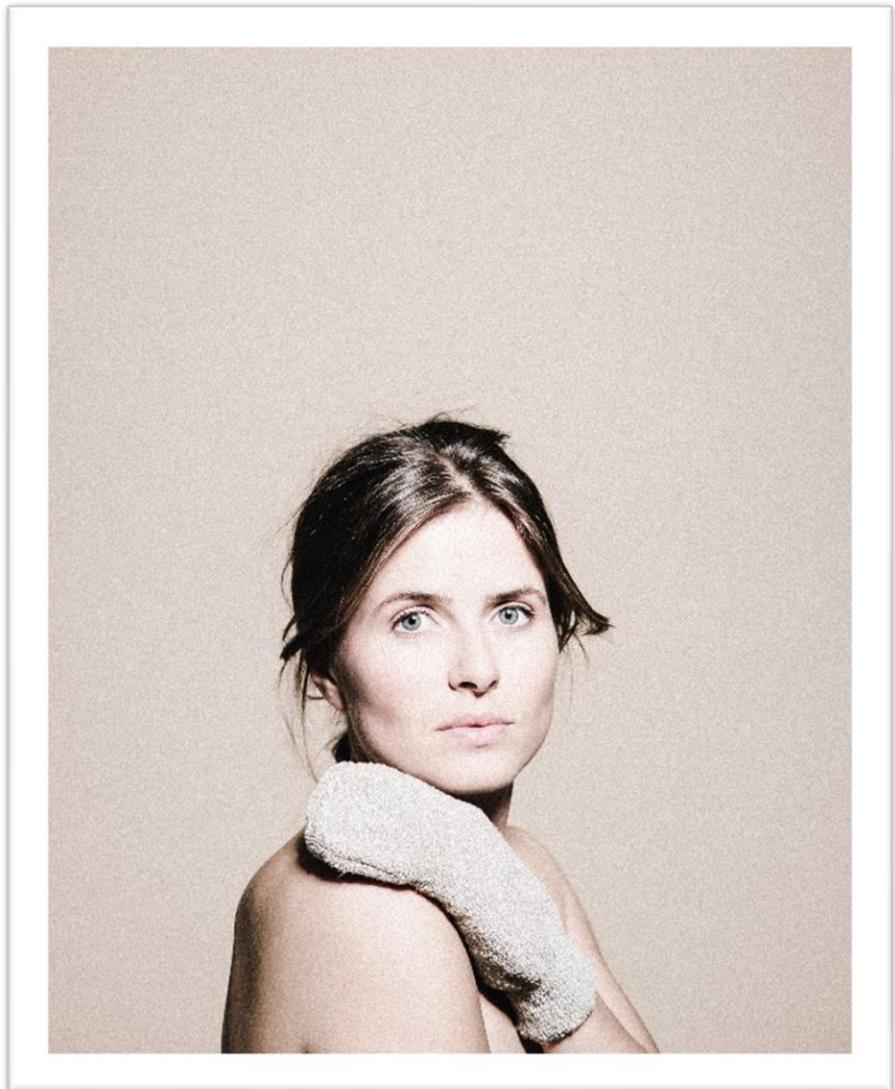
Duration of treatment: 80 minutes  
// Price 190,00 €



## PERSONALISED FULL BODY MASSAGE

A customized massage according to your wishes. This full-body massage is tailored to your personal needs and can be activating or relaxing, depending on your preference. The unique combination of effective synergies and singing bowls leads to holistic well-being. Enjoy 60 minutes wholly dedicated to your needs!

Duration of treatment: 60 minutes // Price 120,00 €



## OSTEOPATHY

An osteopath aims to restore the normal function and stability of the joints to help the body heal itself. They use their hands to treat your body in a variety of ways, using a mixture of gentle and forceful techniques. Techniques are chosen based on the individual patient and the symptoms they have reported.

Osteopathic intervention can help in:

- treat structural problems as back pain, pelvic pain, tennis elbow, postural problems.
- visceral problems: digestive issues, pulmonary symptoms
- Cranio- sacral issues: sleep cycles, headaches, vertigo

// Price 110,00€

